



## The Order of Physiotherapists in Lebanon organizes

The 5<sup>th</sup> International Scientific Days  
of the National Institute of Physiotherapy

**EVIDENCE BASED: CLINICAL PRACTICE & PREVENTION**

October 11 - 12 , 2019

Palais des Congrès, Dbayeh



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#### Welcome Letter



Dear Colleagues,

In this occasion's address, I draw upon the wisdom of Nelson Mandela " What counts in life is not the mere fact that we have lived, it is what difference we have made to the lives of others that will determine the significance of the life we lead ".

From here I can say, as much as we are excited and passionate to receive knowledge and culture, as much as we can play an essential role in changing the course of human life.

With a lot of enthusiasm, I invite you all to meet us in our **5<sup>th</sup> International Scientific Days** of the **National Institute of Physiotherapy**, entitled "*Evidence Based: Clinical Practice and Prevention*", that will be held in the Conferences Palace, Dbayeh, on the **11<sup>th</sup> and 12<sup>th</sup> of October 2019** to benefit from the capabilities of the most involved people around the world.

Do not miss this opportunity because it is your chance to provide yourselves with knowledge that will make the significance in the lives of others as Mandela said.

Cordially with Appreciation,

**President Dr. Tanios ABBOUD**



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Dr. Tanius Abboud

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Ahmad Hammoud

Mohamad Abou Haidar

Roland Chahwane

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## WORKSHOPS

### PRE-CONGRESS WORKSHOP

#### **o Direct Access Barriers and New Fields of Practice in Physiotherapy**

*Date: 10 October, 2019 from 11 am till 3 pm*

*Place: Auditorium of the Faculty of Public Health, Lebanese University - Fanar*

### POST-CONGRESS WORKSHOP

#### **o Introduction Facilitation Technique Workshop**

*Date: 13 October, 2019 from 9 am till 1 pm*

*Place: 11<sup>th</sup> Street, Adnan Halabi Building - 4<sup>th</sup> floor, Dekwaneh, Lebanon*



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## FRIDAY, OCTOBER 11, 2019

12:00 - 13:00	Registration
13:00 - 15:00	Session I
Moderators	Sayde Sassine - Elie Akoury - Nisrine Abdel Nour Lattouf - Hassan Karaki
13:00 - 13:30	Risk Profile for Patellar Tendinopathy in Volleyball and Basketball athletes <i>Luciana De Michelis Mendonça, Brazil</i>
13:30 - 13:45	Best Mode of Inspiratory Muscle Training in Heart Failure Patients: A Systematic Review and Meta-Analysis <i>Zahra Sadek, Lebanon</i>
13:45 - 14:00	Effects of 12 Months of Resistance Training vs. Endurance Training on BMD, Hip Geometry Indices and Trabecular Bone Score in a Group of Young Overweight Women <i>Abdel Jalil Berro, Lebanon</i>
14:00 - 14:30	Quantitative 3D Digital Motion Analysis for Decision Support and Data Insights in Physiotherapy   <i>Waterbear Symposium</i> <i>Glenn Bilby, Australia</i>
14:30 - 14:45	Twenty-Four Hour Postural Management Program and its Impact on the Different ICF Domains <i>Marie Abou Saab, Lebanon</i>
14:45 - 15:00	Q & A
15:00 - 15:30	Coffee Break
15:30 - 17:30	Session II
Moderators	Ibtissam Saab - Fadi Mendlek - Zahra Sadek
15:30 - 16:15	Outcomes Registries to Drive the Value of Physical Therapist Care <i>Guus Meerhoff, Netherlands - Philip van der Wees, Netherlands</i>
16:15 - 16:45	Effectiveness of Therapeutic Massage: A review of systematic reviews <i>Dominique Monnin, Switzerland</i>
16:45 - 17:15	How Successful Groups form Great Organisations <i>Wilma Erasmus, South Africa</i>
17:15 - 17:45	WHO and Rehab2030: Implications and Opportunities for the Practice of Physiotherapy <i>Michel D. Landry, USA</i>
17:45 - 18:00	Q & A
18:00 - 19:00	Opening Ceremony



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## SATURDAY, OCTOBER 12, 2019

<b>08:00 - 09:00</b>	<b>Registration</b>
<b>09:00 - 10:30</b>	<b>Session III</b>
Moderators	Rania Aoun Beyrouty - Amin Kabbara - Nehme Nehme - Berthe Boutros
09:00 - 09:30	Custom Compared to Off-the-Shelf Games to Promote Physical Activity for Persons Post-Stroke <i>Judith Deutsch, USA</i>
09:30 - 09:45	The Association Between Fear of Falling, Falls and Gait Variability: Results from a Large Elderly Population-Based Cross-Sectional Study <i>Farah Ayoubi, Lebanon</i>
09:45 - 10:00	Effect of Virtual Reality on Patients with Stroke <i>Amale Halwani, Lebanon</i>
10:00 - 10:30	Motor Rehabilitation Based on Targeted Spinal Cord Stimulation Restores Leg Motor Control in Humans with Spinal Cord Injury <i>Edeny Baaklini, Switzerland</i>
10:30 - 10:45	Q & A
10:45 - 11:00	Coffee Break
<b>11:00 - 12:30</b>	<b>Session IV</b>
Moderators	Zeinab Jaafar - Sahar Saghbini - Rabab Al Zoghby
11:00 - 11:30	Telerehabilitation as a Tool in the Daily Practice of Physical Therapist: Facilitators and Barriers <i>Hélène Corriveau, Canada</i>
11:30 - 11:45	The Therapeutic Role of Motor Imagery During the Acute Phase after Total Knee Arthroplasty: A Pilot Study <i>Marcel Moukarzel, Lebanon</i>
11:45 - 12:15	What is the PNF Concept? <i>Irmgard Feldmann, Switzerland</i>
12:15 - 12:30	Q & A



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### SATURDAY, OCTOBER 12, 2019

12:30 - 13:00 Poster Prizes

13:00 - 14:00 Lunch Break

14:00 - 16:00 Session V

Networking Session:  
Lebanese Neurological Physical Therapy Section (LNPS)

Networking Session:  
Lebanese Private Practitioner Physical Therapy Section (LPPS)

Networking Session:  
Lebanese Sports Physical Therapy Section (LSPS)

The Order of Physiotherapists in Lebanon would like to thank  
the below sponsors for their generous contribution



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